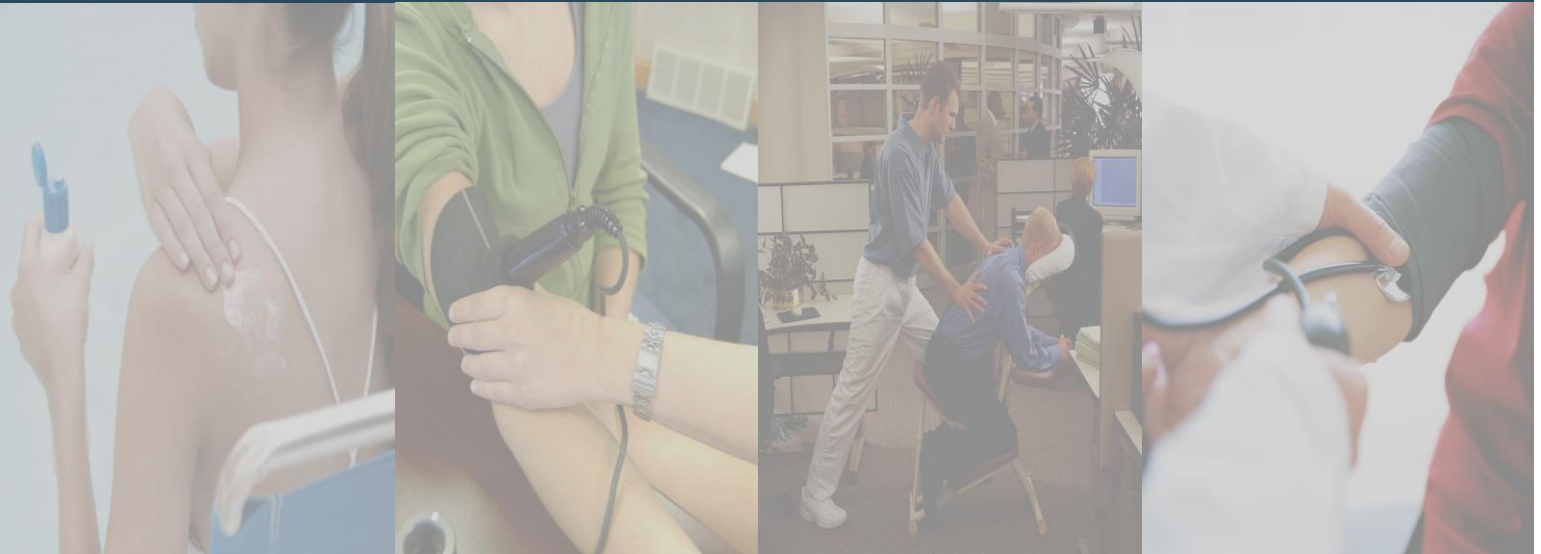


Getting Started

Provided by AREUFIT Health Services, Inc



Personal Wellness Profile

What is the PWP?

A health risk assessment designed to identify personal and group health needs and interests to be used in program planning and risk intervention. The results will provide you with the power to identify health risks, target risk groups, track progress and evaluate cost-benefit ratio.

What do I get out of the PWP?

- Features easy-to-use 39 question survey available in paper or online version.
- Provides confidential, personal reporting delivering immediate results to the participant's desktop.
- Offers extensive aggregate group reporting that helps identify patterns and trends in the health of your group which can be used to develop a targeted wellness program.
- Economic impact report can be used to estimate average medical claims cost per employee and compare those costs to any goals you have set for your group.